



Sweden Aquatics and SK Täby Synchro have the pleasure to invite you to:

Nordic Championships and Nordic Junior Championships in Artistic Swimming  
13-15 June 2025 in Stockholm, Sweden

- Date:** Friday 13<sup>th</sup> of June to Sunday 15<sup>th</sup> of June 2025
- Address:** Täby Simhall, Stora Marknadsvägen 2, 183 79 Täby
- Rules:** The competitions are held in accordance with latest World Aquatics 2022-2025 rules and NSF-rules.
- Event webpage** <https://svensksimidrott.se/vara-simidrotter/konstsim/tavling/nc-njc-2025>
- Entries:** Each national team/club may participate with a maximum of three routines per category. Athletes born 2010 and older are allowed to participate. In the event of more entries than can fit in the available time, the maximum number of entries per club per category may be reduced. Entries are made separately for the two Championships. The same program may compete in both Championships, but this will require separate swims and all programs in the same category (e.g. Solo Free Junior and Senior) will swim in the same session.
- Entries shall be sent to [konstsim@svensksimidrott.se](mailto:konstsim@svensksimidrott.se)
- Categories:** Women Solo Technical, Women Solo Free, Men Solo Technical, Men Solo Free, Women Duet Technical, Women Duet Free, Mixed Duet Technical, Mixed Duet Free, Team Technical, Team Free, Free Combination, Acrobatic Routine.
- Participants:** All Nordic countries' national teams and clubs affiliated by their Federations are eligible to participate in the Nordic Championships.
- Entry fee:** 600 SEK per participant.
- Officials:** Each participating club and/or national federation is required to bring Judges, DTCs and STCs – all three are needed!
- 1–5 participants: at least 1 official
  - 6-10 participants: at least 2 officials
  - Over 10 participants: at least 3 officials

AQUA-listed DTCs/STCs or judges who have passed the test at a World Aquatics school and the latest on-line-test are preferred; however, clubs/nations can choose to send any official eligible to judge at national level.

**Music:** Please submit the music via email to [konstsim@svensksimidrott.se](mailto:konstsim@svensksimidrott.se). Each file should be clearly labelled as the following examples:

*team\_free\_junior\_SWE\_1*  
*team\_tech\_junior\_SWE\_2*  
*duet\_free\_junior\_clubname\_Anna\_Johanna*  
*solo\_tech\_SWE\_Maria*  
*acro\_SWE\_1*  
*combo\_clubname\_2*

All coaches are highly recommended to bring another copy of the music as a backup.

Please note that all federations/clubs are responsible for securing the required music licenses, and for any consequences of not doing so. The Swedish Swimming Federation has a license for playing original, uncut music only.

**Coach Cards:** Please submit the Coach Cards via email to [konstsim@svensksimidrott.se](mailto:konstsim@svensksimidrott.se). Each file should be clearly labelled like the music files examples. The Coach Card template from Thomas Röhss will be used. The template will be published on Sweden Aquatics webpage for the competition ([link](#)).

**Competition info:** All competition information (competition-memo, start lists, results, more info) will be sent out by the organizers at a later stage.

**Referee:** Ingela Ternström

**Evaluator:** TBD

**Organization:** [konstsim@svensksimidrott.se](mailto:konstsim@svensksimidrott.se)

## EVENT KEY DAYES

**Preliminary entry:** 27.04.2025

**Final entry:** 13.05.2025

**Coach card submission deadline:** 01.06.2025

**Music file submission deadline:** 01.06.2025

**Technical meeting:** 14.06.2025 8:10 am

**Officials meeting:** 14.06.2025 8:30 am

## PRELIMINARY COMPETITION SCHEDULE

### Friday

17:00 – 20:00 Warm-up without music

### Saturday

08:00 – 9:30 Warm-up, meetings

09:30 – 12:30 Morning sessions

12:30 – 13:30 Lunch

13:30 – 18:00 Afternoon sessions

### Sunday

08:00 – 9:30 Warm-up, meetings

09:30 – 12:00 Morning sessions

12:00 – 13:00 Lunch

13:00 – 15:00 Afternoon sessions

## ACCOMMODATION

All participants are responsible for their own team's accommodation and board expenses. All accommodations listed below can offer breakfast and dinner upon request. The arena is located next to the Roslagsbanan (light train) station 'Galoppfältet', with connections to Stockholm city.

### Scandic Täby. [LINK](#).

Hotel. Price range approx. 1300-1600 SEK/night for two-to-four-bed rooms.

Distance from venue: 2.5 km (30 min walking, 6 min by car, 15 min by local buses)

### Parttimehome. [LINK](#).

Apartment hotel. Four-bed room 1399 SEK/night. Breakfast and dinner can be added for 150 SEK/person. Booking with the above mentioned price is done by email to [frida@corporate-apartments.se](mailto:frida@corporate-apartments.se) with code *NMTABY2025*.

Distance from venue: 4.8 km (10 min by car, 20 min by local bus 615)

### Best Western Hotel Danderyd. [LINK](#).

Hotel. Price range approx. 1300-1600 SEK/night for two-to-four-bed rooms.

Distance from venue: 7.3 km (10 min by car, 30 min by local bus 605/610)

Näsby Hotell. [LINK](#).

Hotel. Price range approx. 1000-1500 SEK/night for single to two-bed rooms.

Distance from venue: 4 km (10 min by car, 40 min by local bus).

### **LUNCH**

Lunch (pasta salad) can be ordered on Saturday and Sunday for 89 SEK. Order is done via the final entry for athletes, coaches, team leaders and officials. The options are ham/cheese, chicken and veg. Please let us know of any allergies or special requirements.

### **PHOTO AND VIDEO**

Nordic Artistic Swimming Championships is a public event, where videos and photos might be taken. The filmed and photographed material may be published in the media and online. The Championships will also be livestreamed on [www.aquatv.se](http://www.aquatv.se).

**See you at the Nordic Artistic Swimming Championships in Stockholm! Sincerely, Organizing Committee!**

## Pool

