

CHRISTMAS PRIZE PRAGUE 2022

39th International Meeting in Synchronized Swimming



2. – 4. 12. 2022
Prague, Czech Republic

**Organizer: Czech Swimming Federation
and SK Neptun Prague**

Schedule

A) General Conditions

1. ORGANIZER Czech Swimming Federation and SK Neptun Prague
Director: Kateřina Vostárková
Referee: Jana Vidlařová
General Secretary: Květa Ptáková
Results: Ondřej Cibulka
2. DATE **2. – 4. 12. 2022**
3. PLACE Hloubětínská 80, 198 00 Prague 9 - Hloubětín, Czech Republic
25 m indoor pool (25m x 12m x 1,4 m – 3,6m)
4. ENTRIES Preliminary entry: **10. 10. 2022**
Final entries: **15. 11. 2022**
Květa Ptáková, U Slovanky 9, 182 00 Prague 8, Czech Republic
E-mail K.Ptakova@seznam.cz
5. DRAW Draw of start list for figures (age group 13, 14, 15) will be on
30.11. 2022 at 19:00. Place: Prague 9 - Hloubětín, Hloubětínská 80
- Draw of start list for technical and free routines seniors and free
combination age group 13, 14, 15 will be on 2.12. 2022 on Technical
meeting. Place: Prague 9 - Hloubětín, Hloubětínská 80
- Draw of start list for free routines duets and mixed duets
age group 13,14,15 will be 10 min after the figure's competition
on 2.12.2022
- Draw of start list for free routines (solos and teams)
age group 13, 14, 15 will be on 3. 12. 2022 morning at swimming pool
Place: Prague 9 - Hloubětín, Hloubětínská 80
- Tel.: +420 603 484 610 – J. Vidlařová (English speaking)
+420 607 749 576 – K. Ptáková (**only Czech speaking**)
- The final entry will be confirmed by e-mail.
6. ENTRY FEES 1000 CZK / competitor
Each club must bring judges:
1 - 5 competitors.....1 judge
6 and more competitors.....2 judges
7. INFORMATION ABOUT COMPETITION
Tel.: +420 603 484 610 – J. Vidlařová (English speaking)
+420 607 749 576 - K. Ptáková (**only Czech speaking**)
E- mail: K.Ptakova@seznam.cz / <https://skneptun.cz/christmas-prize/>

B) Technical Conditions

1. CONDITIONS FOR ENTRY

Each club or national team can compete with:

Age group 13,14,15: 12 athletes, 1 solo, 2 duets, 1 mixed duet, 1 team, 1 free combination

Seniors: 12 athletes, 2 technical solos, 2 technical duets, 1 technical mixed duet,
2 free solos, 2 free duets, 1 free mixed duet, 1 team, 1 free combination

Female swimmer that competes in mixed duet can also compete in solo, duet, team and combo.

Organizer may compete with more athletes and routines.

Due to lack of capacity of the swimming pool there can compete only 250 competitors (including both categories). Your entry forms will be entered to the competition according to the date of delivered payment receipt.

2. DISCIPLINES

Age group 13, 14, 15 – competitors born 2007 - 2010

Figures	144	Rio Straight Leg	3,1
	421	Walkover Back Closing 360°	2,4
	440d	Ipanema Spinning 180°	3,1
	311j	Kip Combined Spin	2,4

Free routines – time limits: Solo	2:00 min ± 5 sec	100%
Duet	2:30 min ± 5 sec	100%
Mixed duet	2:30 min ± 5 sec	100%
Team	3:00 min ± 5 sec	100 %
Free combination (6 – 10 competitors)	3:00 min ± 5 sec	100%

Final results (solo, duet, mixed duet, team) figures 100% + free routine 100%

There is NO final!!!

Seniors

Technical routines (**required elements according to FINA DRAFT 2022 – 2025**)

Solo

1B - Thrust Spinning 360° DD - 2.1

2B – Combined Spin 720° – Continuous Spin 1080° DD -

3- Swordfish Straight Leg - Knight DD-3.2

4B - Fishtail - Continuous Spin 720° DD – 2.6

5B – Rocket Split Bent Knee DD - 2.1

6. Two (2) additional hybrids must be performed. These may be placed anywhere in the routine.

Duet

1B – Walkover Back Closing 180° – Continuous Spin 720° DD – 2.5

2B - Rocket Split – Spinning 180° DD - 2.4

3B- Flamingo Half Twist Hybrid DD - 2.6

4B - Fishtail – Knight - Continuous Spin 720° DD – 2.7

5B - Thrust - Bent Knee Twirl DD 2.1

6. Two (2) additional hybrids and one (1) Pair Acrobatics must be performed. These may be placed anywhere in the routine.

Mixed Duet

1B – Rocket Split Twirl DD – 2.5

2B - Front Pike – Vertical 180° Rotation – 1/2 Twist to Bent Knee - Continuous Spin 720° DD 2.2

3 – London Hybrid DD 3.3

4B - Nova Hybrid –Continuous Spin 1080° DD – 2.6

5B - Thrust Fishtail Helicopter Spinning 180° DD - 2.1

6. Two (2) additional hybrids, one of which must include a hybrid connection, and one (1) Pair Acrobatics must be performed. These may be placed anywhere in the routine.

Time limits:

Technical routines

Solo	2:00 min ± 5 sec	100%
Duet	2:20 min ± 5 sec	100%
Mixed duet	2:20 min ± 5 sec	100%

Free routines:

Solo	2:15 min ± 5 sec	100%
Duet	2:45 min ± 5 sec	100%
Mixed duet	2:45 min ± 5 sec	100%
Team	3:30 min ± 5 sec	100%
Free combination (6 – 10 competitors)	4:00 ± 15 sec	100%

There is NO final!!

3. JUDGING According to FINA rules 2017 – 2021

4. DRESS According to FINA rules 2017 – 2021

5. PROTEST According to FINA rules 2017 - 2021

6. PRIZES First, second and third places will get medals and diplomas.
Awarded will be first three solos, duets, teams and combinations regardless the club or nationality.

7. MUSIC Please send your music until November 15, 2022 by electronic mail to the following address: music.skneptun@gmail.com
Please mark every music file with the following information:
Country_Club/National Team_Category_Routine (Solo (T/F), Duet (T/F), Mixed Duet (T/F), Team Free and/or Combo)
Name(s) of the swimmer(s).

C) Preliminary Time Schedule

Friday	2. 12. 2022	12:00 – 21:00	Presentation of competitors and judges Technical and judges meeting Disciplines: Age group 13, 14, 15 figures
Saturday	3. 12. 2022	7:00 – 20:00	Disciplines: Technical routines solos (seniors) Free routines duets + mixed duets (age group 13, 14, 15) Free routines solos (seniors) Free routines teams (age group 13, 14, 15, seniors)
Sunday	4. 12. 2022	7:00 – 19:00	Disciplines: Free routines duets + mixed duets (seniors) Free routines solos (age group 13, 14, 15) Technical routines duets + mixed duets (seniors) Free combination (age group 13, 14, 15, seniors)

TIMETABLE CAN BE CHANGED DURING THE COMPETITION.

D) Accommodation

The organizer doesn't manage hotel bookings. We recommend you to book accommodation via booking.com.

The closest hotels are:

Hotel Bella, Hloubětínská 20/17, ,Praha 9

Hotel Blue Orange, Tupolevova 676, Praha 9

Clarion Congress hotel, Freyova 33, Praha 9

Hotel Duo, Teplická 492/19, Praha 9

Hotel Pramen, Za Černým mostem 3, Praha 9

E) Transport from and to the station and Local Traveling

The organizer doesn't manage transport. We recommend using public transport.

F) Visas

If you need visas to enter the Czech Republic, please send us ASAP the request.

G) Covid - 19

There are no restriction to enter the Czech Republic now.

The organizer will provide more information no later than 15.11.2022.

Prague 21. 9. 2022

Kateřina Vostárková,
Director of the Competition